Rule without number.
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Of the March, 9th 1942

Keep it in the pocket of the Soldbuch!
Issued of the Army-Medical-Inspection
49 r I5 S Jn/Wi G (I) Nr. 1338/42

Dysentery
in countries with temperate climate

Dysentery is one of the most frequent diseases at the troops. It´s spreading very inconspicuous first, but it can become a severe epidemic. Mainly the flies transmit the germs of the dysentery. Excrements and addled waste are the main breeding and increase area of them. The germs will come to the food by the excrements. Many people my have dysentery-germs in their bowel and will secrete it during their defecation without beeing ill themselves or they have yet overcome the disease. So the germs may diffusive and infect the mates with the epidemic.

This hazard only can be avoided by careful attention of the following rules:

1. Use the latrine for defecation. Keep it clean, so that the flies can´t reach the excrements. If the latrine isn´t fly-safe, cover the excrements with soil. If there is no latrine built, dig a hole with Your spade far away from the camp. Secrete the excrements in it and bury it immediatly, so that the excrements and paper will be coverd.
2. Keep the dinnerware and flatware safe of flies. Kill all flies in Your housing You can reach.
3. Keep the camp and bivouac clear of waste and refuse. Waste has to be burned every day or bury it deep.
4. Do not eat fruits outside of Germany unpeeled. All fruit has to be cleaned with cooked and filtrated water before eating.
5. Drink water only cooked and filtrated.
6. Clean the the dinnerware with hot, cooked water if possible.
7. Don´t touch foreign people because of the hazard of transmiting bugs and diseases.
8. Beware Your stomach of cooling down e.g. with a bandage.
9. Keep Your hands clean before eating and after secreting.
10. Report to the doctor immediatly in case of looseness. Report it also if You have slime or blood in Your excrements even if You feel well.